

- Total number of steps taken throughout the day;
- Total number of interactions with their phones while in meetings;
- Total number of interactions with their phones across the day;
- Hi 5's received/given;
- Walking meetings;
- Tone of voice in interoffice communications;

### 3 Real value of MFN

At the time of writing one MFN has a market value of 0.0001 Bitcoin on the Distributed Exchange (DEX), until MFN is traded for more or less Bitcoin it will remain tied to the value of 0.0001 Bitcoin: \$2 AUD.

MFNs have real monetary value, as much as a Euro or a USD. Each of which are based on a shared inter-subjective belief (something that exists because we all subjectively believe in it), that means they do have value. Nothing else validates or proves a MFN, Euro or USD has value other than you and those around you. It is a much about belief as any religion.

### 4 Conclusion

It is clear, MFN coins will disrupt the way we behave at work by rewarding mindful behaviour in real-time. Blockchain and cryptographic hashing will enable us as a team to not only sustain but to grow the MFN market value all through the simple act of mindful activity.

### Disclaimer

*This is a speculative project. We created it as a mechanism to fully explore and develop our own blockchain application and its implications. Please don't take it seriously, even though blockchain might well change your children's lives.*